

C-7691

Sub. Code

**97511/97611/
97711/97811**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

First Semester

(Applied Psychology) Specialization

FUNDAMENTALS OF PSYCHOLOGY

**(Common for All M.Sc. (Applied Psychology)
specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Write the meaning of psychology
2. Give a note on Heredity and environment.
3. Define Attention
4. What do you mean by extra – sensory perception?
5. Write a note on decision making.
6. Explain intelligence.
7. List out the types of motives.
8. Write the meaning of learning.
9. Write a short note on incentive theory.
10. What is self- actualization?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the methods of psychology

Or

- (b) Mention about glands connector- nervous system.

12. (a) Write the determinants of attention.

Or

- (b) Explain the factors influencing memory.

13. (a) Write a note on classification of intelligence.

Or

- (b) Write about trail and error learning.

14. (a) Mention the components of emotion

Or

- (b) Explain Drive theory.

15. (a) Write Erickson's psychosocial development theory.

Or

- (b) Describe individual differences.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the scope and application of psychology

Or

- (b) Explain the principles and errors of perception.

17. (a) Analyse the theories of motivation.

Or

(b) Write the theories of emotion.

18. (a) Describe psychoanalytic theory.

Or

(b) Discuss Albert Bandura's social learning theory.

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Sub. Code

97512/ 97612

97712/ 97812

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

First Semester

Applied Psychology (Specialization)

THEORIES OF COUNSELLING

**(Common for all M.Sc. (Applied Psychology)
specialization courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define – Counselling.
2. Write down the scope of psychotherapy.
3. Write short note on Integrature model.
4. Write a note on Gerard Egans contribution of counselling.
5. Who is called counsellor?
6. Trace the origin of counselling movement in India.
7. Write the importance of self – care.
8. What is called supervision?
9. What do you mean by healed healer?
10. What do you mean by Internal assessment?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write note on psychotherapy.

Or

(b) Mention the role of advice in counselling.

12. (a) What are the things that a person should consider to be a good counsellor?

Or

(b) Discuss about client-centered techniques in counselling.

13. (a) Explain the role of counsellor in changing India.

Or

(b) Why multicultural counselling is essential to a counsellor?

14. (a) State the importance of basic Empathy to a counsellor.

Or

(b) Bring out the importance of code of Ethics in counselling.

15. (a) Briefly explain the log model.

Or

(b) Mention the importance of personal awareness and growth in counselling process.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the History of counselling and psychotherapy.

Or

- (b) Which model of counselling is best? Explain.

17. (a) Explain the need for counselling and psychotherapy in India situation.

Or

- (b) Enumerate the Eclectic and Integrative models of counselling.

18. (a) State the various aims and objectives record keeping in counselling.

Or

- (b) Explain the role of confrontation as a technique in helping your client during in depth exploration.

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Sub. Code

**97513/ 97613/
97713/ 97813**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

First Semester

(Applied Psychology) Specialization Courses

SKILLS OF COUNSELLING

**(Common for all M.Sc. (Applied Psychology)
Specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is skill?
2. Define – Counseling.
3. List out the micro skill model steps.
4. What is feeling?
5. What is anger?
6. Write short note on Re-framing.
7. Define – Action programs.
8. Write short note on eye scanning.
9. What is body language?
10. What is meant by action programs?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the various gesture.

Or

- (b) Discuss the body language.

12. (a) Describe the letting the client tell story.

Or

- (b) Discuss the levels of expression.

13. (a) Distinguish between reflect the feeling and reflect the deeper feeling.

Or

- (b) Write short note on four problems areas in micro skill model.

14. (a) Describe the negative feelings and its suitable examples.

Or

- (b) Discuss the behavioral strategies and action programs.

15. (a) Describe the operationalizing the goal.

Or

- (b) Discuss the knowledge of body language.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the micro skill models steps of counseling.

Or

- (b) Enumerate the facilitative dimensions and action oriented dimensions of counseling process.

17. (a) Describe the micro model steps in three and four.

Or

- (b) Elucidate the emotions and various therapies.

18. (a) Discuss the employing problem solving techniques.

Or

- (b) Explain the internal assessment practice skills and techniques.
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Sub. Code

**97514/97614/
97714/97814**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

First Semester

PSYCHOLOGICAL ASSESSMENT

**Common for all M.Sc. (Applied Psychology)
Specialization courses**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is Assessment?
2. Define the term – Self concept.
3. Write note on EPQ-R.
4. State the skills involved in test administration.
5. What do you mean by strokogram?
6. Give a note on cultural sensitivity.
7. List the tests relevant to learning problems.
8. List the role of testing.
9. What is conflict?
10. Give the types of tests.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Discuss the importance of psychological tests.

Or

- (b) Explain the applications of psychological testing.

12. (a) Briefly discuss the self concept rating scale.

Or

- (b) Explain the life orientation scale.

13. (a) Discuss the characteristics of FIRO-B and FIRO-F.

Or

- (b) Explain cultural sensitivity in test.

14. (a) Discuss vocational interest scale.

Or

- (b) Describe Genogram.

15. (a) Explain Job satisfaction scale.

Or

- (b) Give an account of ISAC.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the history and objectives of psychological testing.

Or

- (b) Explain Eysenck Personality Questionnaire – Revised (EPQ – R).

17. (a) Enumerate the biological, psychological, issues and its applications in psychological testing.

Or

(b) Discuss Keirsey Temperament Sorter and Rosenberg self esteem scale.

18. (a) Discuss the ethical and professional standard for tests in counselling.

Or

(b) Explain Multimodal Life History Questionnaire.

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**97521/97621/
97721/97821**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

Second Semester

LIFE SPAN PSYCHOLOGY

**Common for all Applied Psychology
Specilization Courses**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Life span psychology?
2. What are the development of Life span psychology
3. What is meant by stress?
4. What is emotions?
5. Define childhood.
6. What is personality?
7. Write short note on physical development of adolescence.
8. List out any two important concerns of adolescence.
9. Write short note on successful aging.
10. Define : Old age.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) What are the Foundations of life span Psychology?
Or
(b) Describe the Maslow development theory?
12. (a) Explain the physical development of Infancy Period.
Or
(b) Describe the emotion in early Childhood Period.
13. (a) Distinguish between Infant Perception and Cognition.
Or
(b) Describe the diversity in care giving context.
14. (a) Explain the personality development in Childhood.
Or
(b) Describe the social relationship in middle Childhood.
15. (a) Discuss about the personality development in adulthood and old age.
Or
(b) Describe the social relationship in adulthood and old age.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the Erik Erikson Social development theory.
Or
(b) Elaborate the stress and emotions in early Childhood.

17. (a) Enumerate the problems of adolescence.

Or

(b) Describe the health and cognitive development in adolescence.

18. (a) Explain the applied developmental science of positive human development and successful aging.

Or

(b) Elucidate the Strength and Challenges of human development.

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97522/97622

97722/97822

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Second Semester

**Common for all Applied Psychology Specilization
Courses**

PSYCHOPATHOLOGY - I

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What are the different types of phobia?
2. Define acute stress disorder.
3. State the mood disorder.
4. What is delusional disorder?
5. Define neurosis.
6. Listout the classification of psychopathology.
7. What are the positive symptoms of schizophrenia?
8. State the meaning of depressive disorders.
9. Mention the types of schizophrenia.
10. What are the causes of addictive disorder?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Give an overview of anxiety disorders.

Or

- (b) Write a note on panic disorders.

12. (a) What are the psycho social factors that cause unipolar depression?

Or

- (b) What are the major characteristics of a person with panic disorder?

13. (a) What are the dysfunctions of psychosis and neurosis?

Or

- (b) Write a note on cyclothymic disorder.

14. (a) Explain psychotherapeutic approach in treatment.

Or

- (b) Explain the features of mental status examination.

15. (a) Write a note on integrative approaches of psychology.

Or

- (b) Give a detailed account on obsessive compulsive disorder.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Elucidate the generalized anxiety disorder and its treatment.

Or

- (b) Explain the international classification of diseases (ICQ - 10) and its purposes.

17. (a) Elaborate on the causes of schizophrenia

Or

- (b) Explain the course and outcome of schizophrenia.

18. (a) Elaborate the cognitive behaviour therapy and unite the techniques used in this therapy.

Or

- (b) Explain pharmacotherapy and its treatment.

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Sub. Code

97523/97623

97723/97823

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Second Semester

SCHOOLS OF PSYCHOTHERAPY

**Common For All Applied Psychology Specilization
Courses**

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is ego psychology?
2. Write the meaning of behaviour therapy.
3. Comment on social learning.
4. What is REBT?
5. Write an account on Narrative Therapy.
6. Differentiate between person centered counselling and counsellor centered counselling.
7. What do you mean by interpersonal psychotherapy?
8. Define cognitive therapy.
9. Give an account on Feminist therapy.
10. What is positive Psychology?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write the objectives of Ego Psychology.

Or

- (b) Discuss Analytic Psychotherapy.

12. (a) Explain the basis of cognitive therapy.

Or

- (b) Discuss briefly the behaviour therapy.

13. (a) How will you conduct personal construct counselling?

Or

- (b) Describe REBT.

14. (a) List the objectives of extential therapy.

Or

- (b) Discuss on family therapy.

15. (a) Discuss solution focussed brief therapy.

Or

- (b) Describe family system approach to psychotherapy.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain child psycho analysis in detail.

Or

(b) Discuss the nature and procedure of logo therapy.

17. (a) Describe the various therapeutic principles of group theory.

Or

(b) Describe the types of transactions.

18. (a) Discuss the well-being approach of psychotherapy.

Or

(b) Describe cognitive therapy with examples.

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Sub. Code

**97524/97624/
97724/97824**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

Second Semester

THEORIES OF PERSONALITY

**(Common for all: Applied Psychology With
Specialisation Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is personality?
2. Give note on psychic energy.
3. Comment on basic trust vs basic mistrust.
4. What is functional autonomy?
5. Write note on temperament traits.
6. List the assumptions about human nature.
7. What is congruence?
8. Write a brief account on retention process.
9. What is self-efficacy?
10. Comment on principle of entropy.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the key concepts of Freud's psycho analytic theory of personality.

Or

- (b) Discuss Erickson's theory of personality.

12. (a) Elaborate the stages of observational learning.

Or

- (b) Explain Pavlov's classical conditioning.

13. (a) Discuss Allport's theory of personality.

Or

- (b) Describe the self-system.

14. (a) Discuss the development of personality in adult.

Or

- (b) Explain the dynamics of personality.

15. (a) Explain Carl Jung's Analytic theory.

Or

- (b) Discuss the functions, interactions among the systems of personality.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) What is defense mechanism? Explain the various defense mechanism.

Or

- (b) Discuss the role of heredity and environment in the development of personality.

17. (a) Describe Carl Roger's Person centered theory.

Or

(b) Explain Maslow's Heirachy of needs.

18. (a) Discuss operant conditioning theory.

Or

(b) Describe Alder's theory.

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Sub. Code

97531/97631

97731/97831

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Third Semester

RESEARCH METHODOLOGY

**(Common for all Applied Psychology
Specialization courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is observation?
2. What do you mean by standardized test?
3. What is the formula for calculating mean from the continuous series?
4. What do you mean by test items?
5. What do you mean by primary data?
6. What are the different levels of measurement?
7. What do you mean by research? Give the types of research.
8. Explain ANOVA with an example.
9. Mention the criteria for selection of tools.
10. What is sampling error?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write a note on principles of good report writing.

Or

- (b) Explain the merits and demerits of different types of Interview.

12. (a) Write a short note on spearman's Rank correlation.

Or

- (b) Differentiate on independent and dependent variable.

13. (a) Discuss about the functions and sources of review of literature.

Or

- (b) Explain the various sampling techniques.

14. (a) Explain the research ethics.

Or

- (b) Write briefly about chi-square test.

15. (a) Write in detail about the experimental design in research.

Or

- (b) What is a frequency distribution table? Explain with a simple example.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Write an elaborate essay on research methods.

Or

- (b) What are the problems encountered by researchers in India? Give solutions for any two problems.

17. (a) How will you prepare a research proposal? Explain.

Or

- (b) Explain the scaling techniques in research.

18. (a) Elaborate the scope of research in counselling and psychotherapy.

Or

- (b) Discuss about the Bibliography.

C-7700

Sub. Code

**97532/ 97632/
97732/ 97832**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

Third Semester

Applied Psychology (Specialization)

EMOTIONAL COMPETENCY

**(Common for all M.Sc. (Applied Psychology)
Specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Anxiety.
2. What do you mean by Emotional maturity.
3. Define Emotional Quotient.
4. What are the psychological factors of fear?
5. What are the basic components of emotion?
6. What is anger?
7. What are the causes of anger issues?
8. Define anger managements.
9. What are the factors of sadness?
10. What is a good EQ test score?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) How is emotion related with fear?

Or

- (b) Explain any two theories of emotions.

12. (a) How does Traumatic incident reduction therapy work?

Or

- (b) Explain the specific Act in relation with anger.

13. (a) How will you manage fear of uncertainty?

Or

- (b) What are the positive functions of emotions?

14. (a) Explain the social impact of sadness.

Or

- (b) Explain the ways and means of handling sadness.

15. (a) Explain the techniques of testing EQ.

Or

- (b) Describe the characteristics of emotional maturity.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the effects of visual kinesthetic dissociation on handling fear.

Or

- (b) Discuss the relationship between emotion and behaviour.

17. (a) Explain the different types of scales used to measure emotional intelligence.

Or

(b) Explain anger management technique.

18. (a) Explain the state of self focus in sadness.

Or

(b) Describe the types of anger disorders.

C-7703

Sub. Code

97634

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Third Semester

**Applied Psychology with Specialization In Clinical
Psychology**

PSYCHOPATHOLOGY—II

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is cluster C personality?
2. Define - paranoid personality disorder.
3. Write short note on delirium.
4. What is cognitive disorder.
5. Define – Kleptomania?
6. Write short note on REM
7. List out any two sleep wake disorder.
8. Define insominia.
9. What is bulimia nervosa?
10. Write short note on SLD.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the prognostic factors.

Or

(b) Discuss the cluster B personality disorders.

12. (a) Distinguish between dissociation and repression.

Or

(b) Discuss the differential diagnosis.

13. (a) Describe the intermittent explosive disorder.

Or

(b) Explain the psychotherapeutic treatment for body dysmorphic disorder.

14. (a) Describe the factitious disorder.

Or

(b) Discuss the spectrum disorder.

15. (a) Explain the orgasmic disorder.

Or

(b) Discuss the gender identity disorder.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the cluster A personality disorder and its psychotherapeutic approach in treatment.

Or

(b) Discuss the various types of dissociative disorders.

17. (a) Analyse the symptoms and treatment for cognitive disorders.

Or

(b) Explain the common features of control and conduct disorders.

18. (a) Enumerate the sexual desire order and sexual arousal disorder.

Or

(b) Elucidate the causes and psychotherapeutic treatment for eating disorder.

C-7704

Sub. Code

97635

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Third Semester

**Applied Psychology Specialization in (Clinical
Psychology)**

PSYCHOLOGICAL THERAPIES

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What are the needs of psychotherapy?
2. Why is goal setting important in psychotherapy?
3. What do you understand by 'Dichotomous thinking'?
4. What is psychic determinism?
5. Write a note on adult attachment.
6. Define the term 'Congruence'.
7. What are the main components of Psycho analysis?
8. What is meant by couple mutual identity?
9. Mention the principles of mutual need gratification.
10. List out different relaxation techniques used in behaviour therapy.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the significance of Psychotherapies.

Or

- (b) Elaborate the various ethical issues to be considered in Psychotherapy.

12. (a) Analyse the process of self-actualization in psychotherapy.

Or

- (b) Discuss transference in therapy techniques.

13. (a) Elaborate the role of desensitization in behaviour modification techniques.

Or

- (b) Analyse the importance of meditation in behaviour modification.

14. (a) Explain the therapeutic techniques formulated by Pavlov.

Or

- (b) Elaborate the importance of communication process in interpersonal therapy.

15. (a) Analyse the use of Humor in paradoxical intention therapy.

Or

- (b) Describe the different models of family therapy.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Elaborate the scope and application of psychological therapies in the present context.

Or

- (b) Describe the various phases of Psychotherapy.

17. (a) Explain the basic Psychological principles of Psychoanalytic Psychotherapy of Freud.

Or

- (b) Elaborate the techniques and methods adopted in client centred therapy.

18. (a) Bring out the significant contribution of Alber Ellis in Psychotherapy.

Or

- (b) Define couples therapy. Explain in detail about Murray Bowen therapeutic techniques.

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**97541/97641/
97741**

M.Sc DEGREE EXAMINATION, NOVEMBER 2022

Fourth Semester

(Applied Psychology) Specialization Courses

POSITIVE PSYCHOLOGY

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define the term Psychological well being
2. What are the basic requirements for self actualization?
3. Mention the nature of positive Psychology.
4. What is happiness index scale?
5. Define the meaning of Psychological resilience.
6. Write the role of spiritual well being in human development.
7. What is hedonic habituation?
8. What is holistic well being?
9. What are the social qualities of late childhood children?
10. Mention the effect of gratitude in human life.

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Enumerate the goals of positive Psychology

Or

- (b) Explain the holistic model of subjective well being.

12. (a) Mention the ways to strengthen resiliency.

Or

- (b) State the role of mental health in well being.

13. (a) Explain the role of gratitude in happiness formation.

Or

- (b) Adolescent is a period of passion? Why?

14. (a) Examine the behavioral patterns of altruistic person

Or

- (b) Explain the self-concept development in the period of middle child hood.

15. (a) Explain the consequences faced by middle aged person in the development period.

Or

- (b) Explain the nature of hope and its function in everyday life.

Part C

(3 × 10 = 30)

Answer **all** questions, choosing either (a) or (b).

16. (a) Analyze the contributions of humanistic Psychologist in the development of positive Psychology

Or

- (b) Describe the three pillars of positive Psychology.

17. (a) Examine the various dimensions of well being

Or

- (b) Elaborate the factors responsible for gratitude formation.

18. (a) Adolescent is a period of passion–Discuss

Or

- (b) Growing well being is a life long pursuit–Analyze the statement.

C-2949

Sub. Code

97644

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Fourth Semester

Applied Psychology (Clinical Psychology)

(Specialization Courses)

ASSESSMENT IN CLINICAL SETTING

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Assessment.
2. What is meant by case study?
3. List the causes of anxiety.
4. What do you mean by self-Esteem?
5. Write note on social moral reflections.
6. Give the uses of attitude scale.
7. Define aggression.
8. Mention some personality disorder.
9. What is meant by emotions?
10. Write the need of MSE.

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Write the importance of assessment in clinical setting.

Or

- (b) Explain the importance of mental status examination.

12. (a) Explain in detail about keirsory temperament sorter

Or

- (b) Discuss socio moral reflection measures.

13. (a) What is interest? Explain strong interest inventory.

Or

- (b) Discuss about Beck's hospital anxiety and depression scale.

14. (a) Write an account on the assessment of personality disorder.

Or

- (b) Give the philosophical aspects of rehabilitation.

15. (a) Describe the characteristics of attitude scale.

Or

- (b) Explain aggression replacement training.

Part C

(3 × 10 = 30)

Answer **all** questions, choosing either (a) or (b).

16. (a) Discuss the role of psychological testing in assessment.

Or

- (b) What is case study? Discuss the steps involved in conducting a case study.

17. (a) Describe Hamilton's anxiety and depression scale and self-efficacy scale.

Or

(b) Discuss Eysenk personality questionnaire.

18. (a) Explain Rehabilitation treatment and their strategies.

Or

(b) Explain risk assessment instruments and psychopathological profiles.

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Sub. Code

97645

M.Sc DEGREE EXAMINATION, NOVEMBER 2022

Fourth Semester

Applied Psychology (Clinical Psychology)

BEHAVIOURAL THERAPIES

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Write the benefits of behavioural therapy.
2. State the meaning of voluntary behaviour.
3. What is meant by Reinforcement?
4. Mention the applications of classical conditioning.
5. What is implosive therapy?
6. Write note on NLP
7. What is Token economy?
8. What do you mean by behaviour Modification?
9. Give some examples for pairing
10. What is reframing?

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Distinguish between Voluntary and Involuntary behaviour.

Or

- (b) Discuss the principles of classical condition.

12. (a) Describe Reinforcement theory.

Or

- (b) Explain the need and importance of NLP.

13. (a) Discuss Multi model therapy.

Or

- (b) Explain Self-Management programming in Behaviour Therapy.

14. (a) Briefly explain Reciprocal inhibition.

Or

- (b) Write a detailed account on Systematic desensitization.

15. (a) Discuss the origin and development of behaviour therapy.

Or

- (b) What is anchoring and pacing?

Part C

(3 × 10 = 30)

Answer **all** questions, either (a) or (b)

16. (a) Describe operant conditioning.

Or

(b) Explain Lazarus's Behaviour Therapy.

17. (a) Discuss about Aversion Therapy.

Or

(b) Explain the visual Kinetic Dissociation.

18. (a) Discuss Imagery based exposure techniques.

Or

(b) Explain the role of Neuro linguistic Programme in Behavioural Therapy.
