

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

First Semester

(Applied Psychology) Specialization

FUNDAMENTALS OF PSYCHOLOGY

(Common for All M.Sc. (Applied Psychology) specialization Courses)

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. Write the meaning of psychology
- 2. Give a note on Heredity and environment.
- 3. Define Attention
- 4. What do you mean by extra sensory perception?
- 5. Write a note on decision making.
- 6. Explain intelligence.
- 7. List out the types of motives.
- 8. Write the meaning of learning.
- 9. Write a short note on incentive theory.
- 10. What is self- actualization?

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the methods of psychology

Or

- (b) Mention about glands connector- nervous system.
- 12. (a) Write the determinants of attention.

Or

- (b) Explain the factors influencing memory.
- 13. (a) Write a note on classification of intelligence.

Or

- (b) Write about trail and error learning.
- 14. (a) Mention the components of emotion

Or

- (b) Explain Drive theory.
- 15. (a) Write Erickson's psychosocial development theory.

 \mathbf{Or}

(b) Describe individual differences.

Part C

 $(3 \times 10 = 30)$

Answer **all** questions.

16. (a) Discuss the scope and application of psychology

Or

(b) Explain the principles and errors of perception.

 $\mathbf{2}$

17. (a) Analyse the theories of motivation.

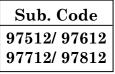
 \mathbf{Or}

- (b) Write the theories of emotion.
- 18. (a) Describe psychoanalytic theory.

Or

(b) Discuss Albert Bandura's social learning theory.

3



M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

First Semester

Applied Psychology (Specialization)

THEORIES OF COUNSELLING

(Common for all M.Sc. (Applied Psychology) specialization courses)

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. Define Counselling.
- 2. Write down the scope of psychotherapy.
- 3. Write short note on Integrature model.
- 4. Write a note on Gerard Egans contribution of counselling.
- 5. Who is called counsellor?
- 6. Trace the origin of counselling movement in India.
- 7. Write the importance of self care.
- 8. What is called supervision?
- 9. What do you mean by healed healer?
- 10. What do you mean by Internal assessment?

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Write note on psychotherapy.

Or

- (b) Mention the role of advice in counselling.
- 12. (a) What are the things that a person should consider to be a good conunsellor?

 \mathbf{Or}

- (b) Discuss about client-centered techniques in counselling.
- 13. (a) Explain the role of counsellor in changing India.

Or

- (b) Why multicultural counselling is essential to a counsellor?
- 14. (a) State the importance of basic Empathy to a counsellor.

Or

- (b) Bring out the importance of code of Ethics in counselling.
- 15. (a) Briefly explain the log model.

Or

(b) Mention the importance of personal awareness and growth in counselling process.

2

Part C $(3 \times 10 = 30)$

Answer **all** questions.

16. (a) Describe the History of counselling and psychotherapy.

Or

- (b) Which model of counselling is best? Explain.
- 17. (a) Explain the need for counselling and psychotherapy in India situation.

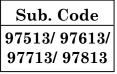
Or

- (b) Enumerate the Eclectic and Integrative models of counselling.
- 18. (a) State the various aims and objectives record keeping in counselling.

Or

(b) Explain the role of confrontation as a technique in helping your client during in depth exploration.

3



M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

First Semester

(Applied Psychology) Specialization Courses

SKILLS OF COUNSELLING

(Common for all M.Sc. (Applied Psychology) Specilization Courses)

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. What is skill?
- 2. Define Counseling.
- 3. List out the micro skill model steps.
- 4. What is feeling?
- 5. What is anger?
- 6. Write short note on Re-framing.
- 7. Define Action programs.
- 8. Write short note on eye scanning.
- 9. What is body language?
- 10. What is meant by action programs?

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the various gesture.

Or

- (b) Discuss the body language.
- 12. (a) Describe the letting the client tell story.

Or

- (b) Discuss the levels of expression.
- (a) Distinguish between reflect the feeling and reflect the deeper feeling.

Or

- (b) Write short note on four problems areas in micro skill model.
- 14. (a) Describe the negative feelings and its suitable examples.

Or

- (b) Discuss the behavioral strategies and action programs.
- 15. (a) Describe the operationalizing the goal.

Or

(b) Discuss the knowledge of body language.

 $\mathbf{2}$

Part C $(3 \times 10 = 30)$

Answer **all** questions.

16. (a) Explain the micro skill models steps of counseling.

Or

- (b) Enumerate the facilitative dimensions and action oriented dimensions of counseling process.
- 17. (a) Describe the micro model steps in three and four.

 \mathbf{Or}

- (b) Elucidate the emotions and various therapies.
- 18. (a) Discuss the employing problem solving techniques.

Or

(b) Explain the internal assessment practice skills and techniques.

3

Sub. Code	
97514/97614/	I
97714/97814	

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

First Semester

PSYCHOLOGICAL ASSESSMENT

Common for all M.Sc. (Applied Psychology) Specilization courses

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A $(10 \times 2 = 20)$

- 1. What is Assessment?
- 2. Define the term Self concept.
- 3. Write note on EPQ-R.
- 4. State the skills involved in test administration.
- 5. What do you mean by strokogram?
- 6. Give a note on cultural sensitivity.
- 7. List the tests relevant to learning problems.
- 8. List the role of testing.
- 9. What is conflict?
- 10. Give the types of tests.

Part B (5×5)

Answer **all** questions.

11. (a) Discuss the importance of psychological tests.

Or

- (b) Explain the applications of psychological testing.
- 12. (a) Briefly discuss the self concept rating scale.

Or

- (b) Explain the life orientation scale.
- 13. (a) Discuss the characteristics of FIRO-B and FIRO-F.

Or

- (b) Explain cultural sensitivity in test.
- 14. (a) Discuss vocational interest scale.

Or

- (b) Describe Genogram.
- 15. (a) Explain Job satisfaction scale.

Or

(b) Give an account of ISAC.

Part C

 $(3 \times 10 = 30)$

Answer all questions.

16. (a) Discuss the history and objectives of psychological testing.

Or

(b) Explain Eysenck Personality Questionnaire – Revised (EPQ – R).

 $\mathbf{2}$

17. (a) Enumerate the biological, psychological, issues and its applications in psychological testing.

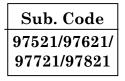
Or

- (b) Discuss Keirsey Temperament Sorter and Rosenberg self esteem scale.
- 18. (a) Discuss the ethical and professional standard for tests in counselling.

Or

(b) Explain Multimodal Life History Questionnaire.

3



M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

Second Semester

LIFE SPAN PSYCHOLOGY

Common for all Applied Psychology Specilization Courses

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. Define Life span psychology?
- 2. What are the development of Life span psychology
- 3. What is meant by stress?
- 4. What is emotions?
- 5. Define childhood.
- 6. What is personality?
- 7. Write short note on physical development of adolescence.
- 8. List out any two important concerns of adolescence.
- 9. Write short note on successful aging.
- 10. Define : Old age.

Part B $(5 \times 5 = 25)$

Answer all questions.

11. (a) What are the Foundations of life span Psychology?

 \mathbf{Or}

- (b) Describe the Maslow development theory?
- 12. (a) Explain the physical development of Infancy Period.

Or

- (b) Describe the emotion in early Childhood Period.
- 13. (a) Distinguish between Infant Perception and Cognition.

\mathbf{Or}

- (b) Describe the diversity in care giving context.
- 14. (a) Explain the personality development in Childhood.

Or

- (b) Describe the social relationship in middle Childhood.
- 15. (a) Discuss about the personality development in adulthood and old age.

Or

(b) Describe the social relationship in adulthood and old age.

Part C
$$(3 \times 10 = 30)$$

Answer **all** questions.

16. (a) Explain the Erik Erikson Social development theory.

Or

(b) Elaborate the stress and emotions in early Childhood.

 $\mathbf{2}$

17. (a) Enumerate the problems of adolescence.

Or

- (b) Describe the health and cognitive development in adolescence.
- 18. (a) Explain the applied developmental science of positive human development and successful aging.

Or

(b) Elucidate the Strength and Challenges of human development.

3

Sub. Code
97522/97622
97722/97822

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Second Semester

Common for all Applied Psychology Specilization Courses

PSYCHOPATHOLOGY - I

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. What are the different types of phobia?
- 2. Define acute stress disorder.
- 3. State the mood disorder.
- 4. What is delusional disorder?
- 5. Define neurosis.
- 6. Listout the classification of psychopathology.
- 7. What are the positive symptoms of schizophrenia?
- 8. State the meaning of depressive disorders.
- 9. Mention the types of schizophrenia.
- 10. What are the causes of addictive disorder?

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Give an overview of anxiety disorders.

Or

- (b) Write a note on panic disorders.
- 12. (a) What are the psycho social factors that cause unipolar depression?

 \mathbf{Or}

- (b) What are the major characteristics of a person with panic disorder?
- 13. (a) What are the dysfunctions of psychosis and neurosis?

Or

- (b) Write a note on cyclothymic disorder.
- 14. (a) Explain psychotherapeutic approach in treatment.

Or

- (b) Explain the features of mental status examination.
- 15. (a) Write a note on integrative approaches of psychology.

Or

(b) Give a detailed account on obsessive compulsive disorder.

 $\mathbf{2}$

Part C $(3 \times 10 = 30)$

Answer **all** questions.

16. (a) Elucidate the generalized anxiety disorder and its treatment.

Or

- (b) Explain the international classification of diseases (ICQ 10) and its purposes.
- 17. (a) Elaborate on the causes of schizophrenia

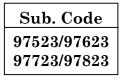
 \mathbf{Or}

- (b) Explain the course and outcome of schizophrenia.
- 18. (a) Elaborate the cognitive behaviour therapy and unite the techniques used in this therapy.

Or

(b) Explain pharmacotherapy and its treatment.

3



M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Second Semester

SCHOOLS OF PSYCHOTHERAPY

Common For All Applied Psychology Specilization Courses

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. What is ego psychology?
- 2. Write the meaning of behaviour therapy.
- 3. Comment on social learning.
- 4. What is REBT?
- 5. Write an account on Narrative Therapy.
- 6. Differentiate between person centered counselling and counsellor centered counselling.
- 7. What do you mean by interpersonal psychotherapy?
- 8. Define cognitive therapy.
- 9. Give an account on Feminist therapy.
- 10. What is positive Psychology?

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Write the objectives of Ego Psychology.

Or

- (b) Discuss Analytic Psychotherapy.
- 12. (a) Explain the basis of cognitive therapy.

Or

- (b) Discuss briefly the behaviour therapy.
- 13. (a) How will you conduct personal construct counselling?

Or

- (b) Describe REBT.
- 14. (a) List the objectives of extential therapy.

Or

- (b) Discuss on family therapy.
- 15. (a) Discuss solution focussed brief therapy.

Or

(b) Describe family system approach to psychotherapy.

 $\mathbf{2}$

Part C $(3 \times 10 = 30)$

Answer **all** questions.

16. (a) Explain child psycho analysis in detail.

Or

- (b) Discuss the nature and procedure of logo therapy.
- 17. (a) Describe the various therapeutic principles of group theory.

Or

- (b) Describe the types of transactions.
- 18. (a) Discuss the well-being approach of psychotherapy.

Or

(b) Describe cognitive therapy with examples.

3

Sub. Code 97524/97624/ 97724/97824

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

Second Semester

THEORIES OF PERSONALITY

(Common for all: Applied Psychology With Specialisation Courses)

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

 $(10 \times 2 = 20)$

Part A

- 1. What is personality?
- 2. Give note on psychic energy.
- 3. Comment on basic trust vs basic mistrust.
- 4. What is functional autonomy?
- 5. Write note on temperament traits.
- 6. List the assumptions about human nature.
- 7. What in congruence?
- 8. Write a brief account on retention process.
- 9. What is self-efficacy?
- 10. Comment on principle of entropy.

Part B $(5 \times 5 = 25)$

Answer all questions.

11. (a) Explain the key concepts of Freud's psycho analytic theory of personality.

Or

- (b) Discuss Erickson's theory of personality.
- 12. (a) Elaborate the stages of observational learning.

Or

- (b) Explain Ravlov's classical conditioning.
- 13. (a) Discuss Allport's theory of personality.

 \mathbf{Or}

- (b) Describe the self-system.
- 14. (a) Discuss the development of personality in adult.

Or

- (b) Explain the dynamics of personality.
- 15. (a) Explain Carl Jung's Analytic theory.

Or

(b) Discuss the functions, interactions among the systems of personality.

Part C $(3 \times 10 = 30)$

Answer all questions.

16. (a) What is defense mechanism? Explain the various defense mechanism.

Or

 $\mathbf{2}$

(b) Discuss the role of heredity and environment in the development of personality.

17. (a) Describe Carl Roger's Person centered theory.

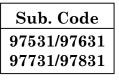
 \mathbf{Or}

- (b) Explain Maslow's Heirachy of needs.
- 18. (a) Discuss operant conditioning theory.

Or

(b) Describe Alder's theory.

3



M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Third Semester

RESEARCH METHODOLOGY

(Common for all Applied Psychology Specialization courses)

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. What is observation?
- 2. What do you mean by standardized test?
- 3. What is the formula for calculating mean from the continuous series?
- 4. What do you mean by test items?
- 5. What do you mean by primary data?
- 6. What are the different levels of measurement?
- 7. What do you mean by research? Give the types of research.
- 8. Explain ANOVA with an example.
- 9. Mention the criteria for selection of tools.
- 10. What is sampling error?

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Write a note on principles of good report writing.

Or

- (b) Explain the merits and demerits of different types of Interview.
- 12. (a) Write a short note on spearman's Rank correlation.

 \mathbf{Or}

- (b) Differentiate on independent and dependent variable.
- 13. (a) Discuss about the functions and sources of review of literature.

 \mathbf{Or}

- (b) Explain the various sampling techniques.
- 14. (a) Explain the research ethics.

Or

(b) Write briefly about chi-square test.

15. (a) Write in detail about the experimental design in research.

Or

2

(b) What is a frequency distribution table? Explain with a simple example.

Part C (3 × 10 = 30)

Answer **all** questions.

16. (a) Write an elaborate essay on research methods.

Or

- (b) What are the problems encountered by researchers in India? Give solutions for any two problems.
- 17. (a) How will you prepare a research proposal? Explain.

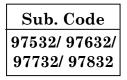
Or

- (b) Explain the scaling techniques in research.
- 18. (a) Elaborate the scope of research in counselling and psychotherapy.

 \mathbf{Or}

(b) Discuss about the Bibliography.

3



M.Sc. DEGREE EXAMINATION, NOVEMBER 2022.

Third Semester

Applied Psychology (Specialization)

EMOTIONAL COMPETENCY

(Common for all M.Sc. (Applied Psychology) Specialization Courses)

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. Define Anxiety.
- 2. What do you mean by Emotional maturity.
- 3. Define Emotional Quotient.
- 4. What are the psychological factors of fear?
- 5. What are the basic components of emotion?
- 6. What is anger?
- 7. What are the causes of anger issues?
- 8. Define anger managements.
- 9. What are the factors of sadness?
- 10. What is a good EQ test score?

Part B

 $(5 \times 5 = 25)$

Answer **all** questions.

11. (a) How is emotion related with fear?

Or

- (b) Explain any two theories of emotions.
- 12. (a) How does Traumatic incident reduction therapy work?

Or

- (b) Explain the specific Act in relation with anger.
- 13. (a) How will you manage fear of uncertainty?

Or

- (b) What are the positive functions of emotions?
- 14. (a) Explain the social impact of sadness.

Or

- (b) Explain the ways and means of handling sadness.
- 15. (a) Explain the techniques of testing EQ.

Or

(b) Describe the characteristics of emotional maturity.

Part C $(3 \times 10 = 30)$

Answer **all** questions.

16. (a) Explain the effects of visual kinesthetic dissociation on handling fear.

Or

(b) Discuss the relationship between emotion and behaviour.

 $\mathbf{2}$

17. (a) Explain the different types of scales used to measure emotional intelligence.

Or

- (b) Explain anger management technique.
- 18. (a) Explain the state of self focus in sadness.

 \mathbf{Or}

(b) Describe the types of anger disorders.

3

Sub. Code 97634

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Third Semester

Applied Psychology with Specialization In Clinical Psychology

PSYCHOPATHOLOGY-II

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A $(10 \times 2 = 20)$

- 1. What is cluster C personality?
- 2. Define paranoid personality disorder.
- 3. Write short note on delirium.
- 4. What is cognitive disorder.
- 5. Define Kleptomania?
- 6. Write short note on REM
- 7. List out any two sleep wake disorder.
- 8. Define insominia.
- 9. What is bulimia nervosa?
- 10. Write short note on SLD.

Part B

 $(5 \times 5 = 25)$

Answer **all** questions.

11. (a) Describe the prognostic factors.

Or

- (b) Discuss the cluster B personality disorders.
- 12. (a) Distinguish between dissociation and repression.

Or

- (b) Discuss the differential diagnosis.
- 13. (a) Describe the intermittent explosive disorder.

Or

- (b) Explain the psychotherapeutic treatment for body dysmorphic disorder.
- 14. (a) Describe the factitious disorder.

Or

- (b) Discuss the specturm disorder.
- 15. (a) Explain the orgasmic disorder.

Or

(b) Discuss the gender identity disorder.

Part C

 $(3 \times 10 = 30)$

Answer **all** questions.

16. (a) Explain the cluster A personality disorder and its psychotherapeutic approach in treatment.

Or

(b) Discuss the various types of dissociative disorders.

 $\mathbf{2}$

17. (a) Analyse the symptoms and treatment for cognitive disorders.

Or

- (b) Explain the common features of control and conduct disorders.
- 18. (a) Enumerate the sexual desire order and sexual arousal disorder.

Or

(b) Elucidate the causes and psychotherapeutic treatment for eating disorder.

3

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Third Semester

Applied Psychology Specialization in (Clinical Psychology)

PSYCHOLOGICAL THERAPIES

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. What are the needs of psychotherapy?
- 2. Why is goal setting important in psychotherapy?
- 3. What do you understand by 'Dichotomous thinking'?
- 4. What is psychic determinism?
- 5. Write a note on adult attachment.
- 6. Define the term 'Congruence'.
- 7. What are the main components of Psycho analysis?
- 8. What is meant by couple mutual identity?
- 9. Mention the principles of mutual need gratification.
- 10. List out different relaxation techniques used in behaviour therapy.

Part B $(5 \times 5 = 25)$

Answer **all** questions.

11. (a) Explain the significance of Psychotherapies.

Or

- (b) Elaborate the various ethical issues to be considered in Psychotherapy.
- 12. (a) Analyse the process of self-actualization in psychotherapy.

Or

- (b) Discuss transference in therapy techniques.
- 13. (a) Elaborate the role of desensitization in behaviour modification techniques.

Or

- (b) Analyse the importance of meditation in behaviour modification.
- 14. (a) Explain the therapeutic techniques formulated by Pavlov.

Or

- (b) Elaborate the importance of communication process in interpersonal therapy.
- 15. (a) Analyse the use of Humor in paradoxical intention therapy.

Or

(b) Describe the different models of family therapy.

 $\mathbf{2}$

Part C (3 × 10 = 30)

Answer **all** questions.

16. (a) Elaborate the scope and application of psychological therapies in the present context.

Or

- (b) Describe the various phases of Psychotherapy.
- 17. (a) Explain the basic Psychological principles of Psychoanalytic Psychotherapy of Freud.

 \mathbf{Or}

- (b) Elaborate the techniques and methods adopted in client centred therapy.
- 18. (a) Bring out the significant contribution of Alber Ellis in Psychotherapy.

Or

(b) Define couples therapy. Explain in detail about Murray Bowen therapeutic techniques.

3

Sub. Code 97541/97641/ 97741

M.Sc DEGREE EXAMINATION, NOVEMBER 2022

Fourth Semester

(Applied Psychology) Specialization Courses

POSITIVE PSYCHOLOGY

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A $(10 \times 2 = 20)$

- 1. Define the term Psychological well being
- 2. What are the basic requirements for self actualization?
- 3. Mention the nature of positive Psychology.
- 4. What is happiness index scale?
- 5. Define the meaning of Psychological resilience.
- 6. Write the role of spiritual well being in human development.
- 7. What is hedonic habituation?
- 8. What is holistic well being?
- 9. What are the social qualities of late childhood children?
- 10. Mention the effect of gratitude in human life.

Part B (5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Enumerate the goals of positive Psychology

Or

- (b) Explain the holistic model of subjective well being.
- 12. (a) Mention the ways to strengthen resiliency.

Or

- (b) State the role of mental health in well being.
- 13. (a) Explain the role of gratitude in happiness formation.

Or

- (b) Adolescent is a period of passion? Why?
- 14. (a) Examine the behavioral patterns of altruistic person

Or

- (b) Explain the self-concept development in the period of middle child hood.
- 15. (a) Explain the consequences faced by middle aged person in the development period.

Or

(b) Explain the nature of hope and its function in everyday life.

 $\mathbf{2}$

Part C $(3 \times 10 = 30)$

Answer **all** questions, choosing either (a) or (b).

16. (a) Analyze the contributions of humanistic Psychologist in the development of positive Psychology

Or

- (b) Describe the three pillars of positive Psychology.
- 17. (a) Examine the various dimensions of well being

 \mathbf{Or}

- (b) Elaborate the factors responsible for gratitude formation.
- 18. (a) Adolescent is a period of passion–Discuss

Or

(b) Growing well being is a life long pursuit-Analyze the statement.

3

M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

Fourth Semester

Applied Psychology (Clinical Psychology)

(Specialization Courses)

ASSESSMENT IN CLINICAL SETTING

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. Define Assessment.
- 2. What is meant by case study?
- 3. List the causes of anxiety.
- 4. What do you mean by self-Esteem?
- 5. Write note on social moral reflections.
- 6. Give the uses of attitude scale.
- 7. Define aggression.
- 8. Mention some personality disorder.
- 9. What is meant by emotions?
- 10. Write the need of MSE.

Part B $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Write the importance of assessment in clinical setting.

Or

- (b) Explain the importance of mental status examination.
- 12. (a) Explain in detail about keirsory temperament sorter

Or

- (b) Discuss socio moral reflection measures.
- 13. (a) What is interest? Explain strong interest inventory.

Or

- (b) Discuss about Beck's hospital anxiety and depression scale.
- 14. (a) Write an account on the assessment of personality disorder.

Or

- (b) Give the philosophical aspects of rehabilitation.
- 15. (a) Describe the characteristics of attitude scale.

Or

(b) Explain aggression replacement training.

Part C
$$(3 \times 10 = 30)$$

Answer all questions, choosing either (a) or (b).

16. (a) Discuss the role of psychological testing in assessment.

Or

(b) What is case study? Discuss the steps involved in conducting a case study.

 $\mathbf{2}$

17. (a) Describe Hamilton's anxiety and depression scale and self-efficacy scale.

Or

- (b) Discuss Eysenk personality questionnaire.
- 18. (a) Explain Rehabilitation treatment and their strategies.

 \mathbf{Or}

(b) Explain risk assessment instruments and psychopathological profiles.

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M.Sc DEGREE EXAMINATION, NOVEMBER 2022

Fourth Semester

Applied Psychology (Clinical Psychology)

BEHAVIOURAL THERAPIES

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A $(10 \times 2 = 20)$

- 1. Write the benefits of behavioural therapy.
- 2. State the meaning of voluntary behaviour.
- 3. What is meant by Reinforcement?
- 4. Mention the applications of classical conditioning.
- 5. What is implosive therapy?
- 6. Write note on NLP
- 7. What is Token economy?
- 8. What do you mean by behaviour Modification?
- 9. Give some examples for pairing
- 10. What is reframing?

Part B (5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Distinguish between Voluntary and Involuntary behaviour.

Or

- (b) Discuss the principles of classical condition.
- 12. (a) Describe Reinforcement theory.

Or

- (b) Explain the need and importance of NLP.
- 13. (a) Discuss Multi model therapy.

\mathbf{Or}

- (b) Explain Self-Management programming in Behaviour Therapy.
- 14. (a) Briefly explain Reciprocal inhibition.

Or

- (b) Write a detailed account on Systematic desensitization.
- 15. (a) Discuss the orgin and development of behaviour therapy.

Or

(b) What is anchoring and pacing?

 $\mathbf{2}$

Part C (3 × 10 = 30)

Answer all questions, either (a)or (b)

16. (a) Describe operant conditioning.

Or

- (b) Explain Lazarus's Behaviour Therapy.
- 17. (a) Discuss about Aversion Therapy.

Or

- (b) Explain the visual Kinetic Dissociation.
- 18. (a) Discuss Imagery based exposure techniques.

Or

(b) Explain the role of Neuro linguistic Programme in Behavioural Therapy.

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